FAQs for UIC about Suspected or Confirmed COVID-19 Exposure
March 20, 2020

1. What do I do if I have been around a person who has since been diagnosed with COVID-19?
- A. If the individual was NOT showing symptoms (cough, fever, respiratory illness).
    1. Monitor for symptoms
    2. You do not need to self-isolate from your current setting
- B. If the individual was having symptoms of cough, fevers, or respiratory illness
    1. You should self-isolate from others, including those in your home for 14 days
    2. Monitor for symptoms
    3. If you have symptoms of respiratory illness with fevers, cough or shortness of breath, remove yourself from work and contact your primary care provider or the Student Health Services at University Village 312-996-2901.

2. Can I get tested to see if I have COVID-19?
- A. Currently only individuals with symptoms are being tested
- B. If you have symptoms of respiratory illness with fevers, cough or shortness of breath, remove yourself from others and contact your primary care provider or the Student Health Services at University Village 312-996-2901
- C. If you do not have acute emergent care needs do not go to the Emergency Department, Urgent Care, or walk into clinic, **call first for guidance.**

3. Someone I have been around was exposed to a person with confirmed COVID-19 do I need to be isolated?
- A. If you were **not directly** exposed to an individual with confirmed COVID-19 you do not need isolate or be removed from others.
- B. However, if you become ill for any reason remove yourself from others and contact your provider or Student Health Services at University Village 312-996-2901 for guidance.

4. I was notified that I was exposed to someone being <u>tested</u> for COVID-19, what do I need to know?
- A. Testing typically takes 1-7 days to return
- B. You should monitor for symptoms and practice diligent social distancing at work and home
- C. If you develop symptoms call your provider and inform them that you

have been exposed to someone being tested for COVID-19.

5. I heard there was someone at UIHealth with confirmed COVID-19, was I exposed, and do I need testing?
   A. UIHealth works to identify all contacts of a confirmed case of COVID-19 and notify these individuals and provide guidance.
   B. If you were not exposed, you do not need testing for COVID-19
   C. However, regardless of any exposure if you have symptoms of respiratory illness, fevers, or cough you should remove yourself from others and contact your provider for guidance or Student Health Services at University Village 312-996-2901 for guidance.

6. **Someone I work with was told to stay home on isolation, should I worry about them having COVID-19?**

   1. If someone was removed from campus because they have confirmed COVID-19 we will contact those exposed individuals
   2. There are individuals that have been exposed to COVID-19 or have traveled from areas of increased COVID-19 transmission and they may be removed from settings and told to monitor symptoms to prevent any transmission.
   3. Others around them do not need to alter activity.

7. **I have had respiratory symptoms and my provider told me that I cannot be tested because testing priority is currently for severely ill individuals. My Provider told me to isolate myself at home and within my home from others. When can I return from this isolation?**
   Your provider should provide some guidance
   Based on CDC current guidance this will likely be
   A. Resolution or improvement in respiratory symptoms
   B. ≥7 days after illness onset, or ≥3 days after resolution of fever, whichever is longer

IF YOU ARE HAVING ANY SYMPTOMS – WHETHER OR NOT YOU HAVE BEEN EXPOSED TO SOMEONE: PLEASE, PLEASE STAY HOME!